



**CITY OF MIDDLETOWN
RECREATION COMMISSION MEETING AGENDA
OCTOBER 8, 2025**

Pledge of Allegiance

Roll Call

Present: Higbie, Strenfel, Gipson, Galdamez, Avalos

Absent: Ramkissoon

Guests: Alderman Witt

Correspondence

Approval of Minutes

Accept the Minutes from 9/10/25

Juan Avalos - Yes

Audit

Date	Amount	Budget Detail
September 2025	\$10,857.50	Program Revenue
2025 Total	\$227,764.40	Year to Date Revenue

Superintendent's Report

- Personnel
 1. ALL fulltime positions are FULL. 2 seasonal workers working with our Parks Department and as park patrol will end this month.
- Recreation Activities
 1. FREE – Teen & Youth Open Gym, Storytime Come Alive, Music for Littles and Youth Fitness.
 2. PAID Youth – Boxing Club, Boxing Clinics, Boxing Workout, Little RECers

Toddler, Art Classes, Cheer Clinic, Soccer Stars, Youth Soccer, Yoga, Basketball Clinic, Volleyball Clinic and Lacrosse Clinic.

3. PAID Adult – Pickle Ball Clinics, Volleyball Open Play, Boxing Club, Boxing Cardio, Get Fit Fitness, Tennis Clinics and Yoga.
4. SPECIAL EVENTS – Hispanic Heritage Celebration, Radio City and Disney on Ice.

- Maintenance

1. Reservoir trails upkeep.
2. Little League Field upkeep.
3. Garbage daily.
4. Wolslayer field upkeep.
5. Mowing.
6. Leaves.
7. Cleaning Garage for NFC equipment
8. Tree install.

Remarks from the Recreation and Parks Committee Members

Alderman Witt announced that the Recreation Department will present at the Common Council Meeting on December 2, 2025. The Recreation Commission is invited to attend.

Via E-mail Alderman Kleiner thanked Juan Avalos for agreeing to serve on the Recreation Commission (not mentioned in the meeting).

Old Business

NEW MEMBER FINALLY APPROVED!!!

We welcomed Jaun Avalos to the Recreation Commission!!!!!!

National Fitness Campaign - Update

Equipment was delivered and will be stored until installation next Spring. The concrete pad will go out to BID soon.

NRPA Conference Re-Cap

Mayor DeStefano, Assistant Superintendent Psarakis and Superintendent Bertholf attended the National Recreation Parks Conference in Orlando. The sessions were very informative. It was a successful conference, and we took back many useful tools and techniques to be implemented.

NYSWIMS OCYB - Update

We are finally in the contract process for the NYSWIMS grant. We will hopefully start the reimbursement process soon.

New Business

Mini-Van Donation

Mid-City Transit donated a Dodge Caravan to the Recreation & Parks Department. It will be utilized by the Parks Department.

Request from General Fund — HVAC in Boxing

Requested money from the general fund to cover the cost of a new HVAC system in the boxing room. This is a much-needed repair.

Garbage Truck Repairs

The garbage truck needed \$13,000 in repairs. A transfer of funds with the 2025 budget will be needed to cover the cost of this repair.

Updating Reservoir Trail Maps

In the process of updating the Reservoir trail maps to include the new Mountain Bike Trails.

Announcements

Alderman Wiit will continue to share information from the Recreation Department on the schools' Facebook with an emphasis on the Disney on-ice trip.

Norris will talk about the Disney on Ice trip during the halftime of the football game on WALL radio.

Adjournment

8:16pm

Jaun Avalos Yes